


REVOLUTION MMA CLASS SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
6am-7am	BJJ Gi	BJJ No Gi	BJJ No Gi	BJJ No Gi	BJJ Gi			
9am-10am						Women's Only Kick-Fit		
10am-11am						Women's Only Kickboxing		
11am-12pm								
12pm-1pm								
1pm-2pm						BJJ Gi		BJJ No-Gi
2pm-3pm	After School Pick Up	After School Pick Up	After School Pick Up	After School Pick Up	After School Pick Up			
3pm-4pm								
4pm-5pm	Little Champions BJJ Gi	Little Champions Kickboxing	Little Champions BJJ No Gi	Little Champions Kickboxing	Little Champions BJJ Gi			
5pm-6pm	Jr./Teens BJJ Gi	Jr./Teens Kickboxing	Jr./Teens BJJ No Gi	Jr./Teens Kickboxing	Jr./Teens BJJ Gi			
6pm-7pm	BJJ Gi	Box w/Jamie	Intro to MMA	BJJ No-Gi	Box w/Jamie	Wrestling	BJJ Gi	Box w/Jamie
7pm-8pm	Open Mat	Intro to Kickboxing	Open Mat	Intro to Kickboxing	Open Mat	Advanced Kickboxing	Open Mat	
	Boxing		Boxing		Boxing			
8pm-9pm	Advanced Boxing	Advanced Kickboxing	Advanced Boxing	Advanced Kickboxing	Advanced Boxing	Advanced Kickboxing	Advanced Boxing	